

August 2020 Events and Programming Calendar

Virtual & Telephone Programs are in bold In-Person Programs are in <i>italic</i>			Wednesday	Thursday	Friday	Saturday 1
<p>If you would like to attend any of these programs, please call the Center or email Dori: info@seniorcenterkennebunk.org.</p>						
Sunday 2	Monday 3 <i>9:00 Keep it Legal w/ Milda A. Castner, Esq.</i> 1:00p.m Chair Yoga w/ Mandy	Tuesday 4 Noon Pickup! Alisson's Chowder Luncheon	5 10:00 Tai Chi with Michael	6 10:00a.m Chair Yoga w/ Mandy 11:30a.m Grief Support w/ Carol	7 <i>10:30a.m Knitters</i>	8
9	10 1:00p.m Chair Yoga w/ Mandy	11 1:30 Bingo	12 10:00a.m Poetry with Sheila 1:00 Flower Arranging Workshop with Diane	13 10:00a.m Chair Yoga w/ Mandy 11:30a.m Grief Support w/ Carol	14 <i>10:30a.m Knitters</i>	15
16	17 1:00p.m Chair Yoga w/ Mandy	18 1:00p.m SCSC Presentation	19 10:00 Tai Chi with Michael	20 10:00a.m Chair Yoga w/ Mandy 11:30a.m Grief Support w/ Carol	21 <i>10:30a.m Knitters</i>	22
23	24 1:00p.m Chair Yoga w/ Mandy	25 1:30 Bingo	26 10:00a.m Poetry with Sheila <i>1:00 Book Club</i>	27 10:00a.m Chair Yoga w/ Mandy 11:30a.m Grief Support w/ Carol	28 <i>10:30a.m Knitters</i>	29