

July 2020 Events and Programming Calendar

Virtual Programs are in BLUE In-Person Programs are in BLACK			Wednesday 1	Thursday 2	Friday 3	Saturday 4
If you would like to attend any of these programs, please email Dori: info@seniorcenterkennebunk.org.			10:00a.m Meet Dori 1:00a.m Meet Dori	10:00a.m Chair Yoga w/ Mandy 11:30a.m Grief Support w/ Carol	10:00a.m Art with Liz 10:30a.m Knitters	Independence Day
Sunday 5	Monday 6	Tuesday 7	8	9	10	11
	1:00p.m Chair Yoga w/ Mandy	10:00a.m Meet Dori	10:00a.m Tai Chi with Michael	10:00a.m Chair Yoga w/ Mandy 11:30a.m Grief Support w/ Carol	10:30a.m Knitters	
12	13	14	15	16	17	18
	1:00p.m Chair Yoga w/ Mandy	1:30p.m Bingo	10:00a.m Fiber with Sheila	10:00a.m Chair Yoga w/ Mandy 11:30a.m Grief Support w/ Carol	10:30a.m Knitters	
19	20	21	22	23	24	25
	1:00p.m Chair Yoga w/ Mandy		10:00a.m Tai Chi with Michael	10:00a.m Chair Yoga w/ Mandy 11:30a.m Grief Support w/ Carol	10:30a.m Knitters	
26	27	28	29	30	31	
	1:00p.m Chair Yoga w/ Mandy	1:30p.m Bingo	10:00a.m Fiber with Sheila		10:30a.m Knitters	