

# April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Please remember that all programs require registration. Register online by visiting our website!</b>				
<b>1</b> 9:30 Spunky Spades Bridge 11:00 Caregiver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot	<b>2</b> 10:00 Art Workshop ◇ 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie ◇ 1:00 French Club 1:00 Canasta	<b>3</b> 9:00 Tech Support 9:00 Bridge Group <b>10:00 Walking Group</b> 10:00 Craft Group <b>10:00 Solar Eclipse Presentation with Jason Nappi</b> 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	<b>4</b> 10:00 Octets Bridge <b>11:00 Grief Support Group</b> <b>1:00 Writer Workshop Group</b> 1:00 American Mahjong (novice) 1:00 Adult Coloring Group 2:00 Ukelele Group <b>6:00 Cards and Camaraderie</b>	<b>5</b> 9:00 Open House <b>9:00 Cards and Camaraderie</b> 10:00 Knitting Group 1:00 Cribbage (intermediate)
<b>8</b> 9:30 Spunky Spades Bridge 9:30 Keep it Legal with Sarah Neault, Esq. 11:00 Caregiver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot <b>2:30 Solar Eclipse Party</b>	<b>9</b> 10:00 Art Workshop ◇ 10:00 Mindfulness with Nancy 1:00 Canasta <b>1:00 Spring Flower Arranging ◇</b>	<b>10</b> 9:00 Tech Support 9:00 Bridge Group <b>10:00 Walking Group</b> 10:00 Craft Group <b>11:00 Monthly Luncheon @ UNE Dining Hall ◇</b> 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	<b>11</b> 10:00 Octets Bridge <b>11:00 Grief Support Group</b> 1:00 American Mahjong (novice) 1:00 Adult Coloring Group 2:00 Ukelele Group <b>6:00 Cards and Camaraderie</b>	<b>12</b> 9:00 Open House <b>9:00 Cards and Camaraderie</b> <b>11:00 HearingLife Healthcare Session</b> 10:00 Knitting Group 1:00 Cribbage (intermediate)
<b>15</b> <div style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;"> <b>CLOSED Patriot's Day</b> </div>	<b>16</b> 10:00 Art Workshop ◇ 10:00 Mindfulness with Nancy 1:00 Canasta 1:00 French Club <b>12:00-8:00 Free Cone Day @ Ben &amp; Jerry's</b>	<b>17</b> 9:00 Tech Support 9:00 Bridge Group <b>10:00 Walking Group</b> 10:00 Craft Group <b>10:00 Sea Glass Craft Workshop ◇</b> <b>12:00 Volunteer Lunch &amp; Learn</b> 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	<b>18</b> 10:00 Octets Bridge <b>10:00 Brunch &amp; Bingo</b> <b>11:00 Grief Support Group</b> 1:00 American Mahjong (novice) 1:00 Adult Coloring Group <b>1:00 Father and Son Author Talk</b> 2:00 Ukelele Group <b>3:00 World Travels with Dewey</b> <b>6:00 Cards and Camaraderie</b>	<b>19</b> 9:00 Open House <b>9:00 Cards and Camaraderie</b> 10:00 Knitting Group <b>10:00 Helping Hand Movers - Fishbowl</b> 1:00 Cribbage (intermediate) 2:00 Parkinson's Support Group



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<b>22 EARTH DAY</b>  9:30 Spunky Spades Bridge  11:00 Caregiver Support Group  12:30 Merry Maidens Bridge  <b>1:00 Medicare 101 – My Insurance Solutions</b>  1:00 Cribbage (beginner)  1:30 Hand & Foot	<b>23</b>  10:00 Art Workshop ◇  10:00 Mindfulness with Nancy  1:00 French Club  1:00 Canasta  <b>8:30AM – 5:30PM Trip to Boston ◇</b>	<b>24 DENIM DAY</b>  9:00 Tech Support  9:00 Bridge Group  <b>10:00 Walking Group</b>  10:00 Craft Group  <b>11:00 Wellness with Annie Watts</b>  1:00 American Mahjong (intermediate)  1:00 Cribbage (intermediate)  <b>1:00 Book Club</b>  <b>2:00 Flower Craft with Perfect Move</b>	<b>25</b>  10:00 Octets Bridge  <b>10:00 Volunteer appreciation @ MIP</b>  <b>11:00 Grief Support Group</b>  1:00 American Mahjong (novice)  1:00 Adult Coloring Group  2:00 Ukelele Group  <b>6:00 Cards and Camaraderie</b>	<b>26</b>  9:00 Open House  <b>9:00 Cards and Camaraderie</b>  10:00 Knitting Group  <b>12:00 Bridget's Lunch Bunch @ Squaretoes</b>  1:00 Cribbage (intermediate)  <b>2:00 Cornhole</b>
<b>29</b>  <div style="text-align: center; color: red; font-weight: bold;"> <b>CLOSED              for              ANNUAL              MEETING -              4pm</b> </div>	<b>30</b>  10:00 Art Workshop ◇  10:00 Mindfulness with Nancy  10:00 Gentle Vinyasa Yoga with Leslie ◇  1:00 Canasta  <b>1:00 Music Trivia and Treats</b>			

**KEY**

**Highlighted Program** = New & Noteworthy

◇ = Program Fee

**Bold Program** = Off-Site Program or Fundraiser

