

March 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Please remember that all programs require registration. Register online by visiting our website!				
				1 9:00 Open House 9:00 Cards and Camaraderie 10:00 Knitting Group 11:00 MyActiveCenter Set Up Workshop 1:00 Cribbage (intermediate)
4 9:30 Spunky Spades Bridge 11:00 Caregiver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot	5 10:00 Art Workshop ◇ 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie ◇ 1:00 French Club 1:00 Canasta	6 9:00 Tech Support 9:00 Bridge Group 10:00 Walking Group 10:00 Beginner Crochet Lessons ◇ 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate)	7 10:00 Octets Bridge 11:00 Grief Support Group 1:00 American Mahjong (novice) 1:00 Adult Coloring Group 2:00 Ukelele Group 6:00 Cards and Camaraderie	8 9:00 Open House 9:00 Cards and Camaraderie 10:00 Knitting Group 1:00 Cribbage (intermediate) 1:00 Afternoon Movie – “Finian’s Rainbow”
11 9:30 Spunky Spades Bridge 9:30 Keep it Legal with Sarah Neault, Esq. 11:00 Caregiver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot 6:00 Whiskey Tasting @ Ryan’s	12 10:00 Art Workshop ◇ 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie ◇ 1:00 Alzheimer’s Association Presentation	13 9:00 Tech Support 9:00 Bridge Group 10:00 Walking Group 10:00 Beginner Crochet Lessons ◇ 10:00 Earring Workshop ◇ 10:00 Craft Group 12:00 Monthly Luncheon @ the Center – Avita of Wells ◇ 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate) 1:00 Bibber Memorial Preplanning Talk	14 10:00 Octets Bridge 11:00 Grief Support Group 1:00 American Mahjong (novice) 1:00 Adult Coloring Group 1:00 Writing Workshop 2:00 Ukelele Group 6:00 Cards and Camaraderie	15 9:00 Open House 9:00 Cards and Camaraderie 10:00 Knitting Group 11:00 HearingLife Hearing Healthcare Session 1:00 Cribbage (intermediate) 2:00 Parkinson’s Support Group



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18 9:30 Spunky Spades Bridge 10:00 Coffee with a Cop 11:00 Caregiver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:30 Hand & Foot	19 10:00 Art Workshop ◇ 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie ◇ 1:00 French Club 1:00 Canasta	20 9:00 Tech Support 9:00 Bridge Group 10:00 Walking Group 10:00 Beginner Crochet Lessons ◇ 10:00 Craft Group 11:00 Annie Watts Wellness 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate) 2:00 Trivia & Treats	21 10:00 Octets Bridge 10:00 Brunch Bingo 11:00 Grief Support Group 1:00 American Mahjong (novice) 1:00 Adult Coloring Group 2:00 Ukelele Group 3:00 World Travels with Dewey 6:00 Cards and Camaraderie	22 9:00 Open House 9:00 Cards and Camaraderie 10:00 Knitting Group 11:00 Bridget's Lunch Bunch @ Kai Asian Fusion 1:00 Cribbage (intermediate) 1:00 Afternoon Movie - "Hop"
25 9:30 Spunky Spades Bridge 11:00 Caregiver Support Group 12:30 Merry Maidens Bridge 1:00 Cribbage (beginner) 1:00 Medicare 101 with My Insurance Solutions 1:30 Hand & Foot 5:30 Pizza & Paint @ The Creative Soul ◇	26 9:30 Monthly Blood Pressure Check 10:00 Art Workshop ◇ 10:00 Mindfulness with Nancy 10:00 Gentle Vinyasa Yoga with Leslie ◇ 12:00 Lunch & Learn with COR Health 1:00 Canasta	27 9:00 Tech Support 9:00 Bridge Group 10:00 Walking Group 10:00 Beginner Crochet Lessons ◇ 10:00 Craft Group 1:00 American Mahjong (intermediate) 1:00 Cribbage (intermediate) 1:00 Book Club	28 10:00 Octets Bridge 11:00 Grief Support Group 1:00 American Mahjong (novice) 1:00 Adult Coloring Group 2:00 Ukelele Group 6:00 Cards and Camaraderie	29 9:00 Open House 9:00 Cards and Camaraderie 10:00 Knitting Group 1:00 Cribbage (intermediate) 1:00 Indoor Cornhole

KEY

Highlighted Program = New & Noteworthy

◇ = Program Fee

Bold Program = Off-Site Program or Fundraiser

