



**JUNE 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Please remember that all programs require registration. Register online by visiting our website!</b>				
<p><b>1</b></p> <p>10:00 Men's Coffee and Conversation</p> <p>10:00 American Mahjong (Beginner)</p> <p>11:00 Cornhole Practice</p> <p>11:00 Caregiver Support Group</p> <p>1:00 Cribbage</p> <p>1:00 Hand &amp; Foot</p>	<p><b>2</b></p> <p>9:30 Weekly Blood Pressure Check</p> <p>10:00 Art Workshop ◊</p> <p>10:00 Gentle Vinyasa Yoga with Leslie ◊</p> <p>10:00 Mindfulness with Nancy</p> <p>1:00 Canasta</p> <p>1:00 French Club</p>	<p><b>3</b></p> <p>9:00 Bridge Group</p> <p>10:00 Craft Group</p> <p>11:00 Walking Group</p> <p>1:00 American Mahjong (intermediate)</p> <p>1:00 Cribbage (intermediate)</p>	<p><b>4</b></p> <p>9:00 Cardio and Dance ◊</p> <p>10:00 Octets Bridge</p> <p>10:00 Tai Chi ◊</p> <p>1:00 American Mahjong (novice)</p> <p>1:00 Adult Coloring Group</p> <p>2:00 Ukulele Group</p>	<p><b>5</b></p> <p>9:00 Open House</p> <p>9:00 Mat Pilates ◊</p> <p>10:00 Knitting Group</p> <p>1:00 Cribbage (intermediate)</p>
<p><b>8</b></p> <p>10:00 Men's Coffee and Conversation</p> <p>10:00 American Mahjong (Beginner)</p> <p>11:00 Cornhole Practice</p> <p>11:00 Caregiver Support Group</p> <p>1:00 Cribbage</p> <p>1:00 Hand &amp; Foot</p> <p>5:00 Bubbles, Bites and Crafts – Make Your Own Bag Charm ◊</p>	<p><b>9</b></p> <p>9:30 Weekly Blood Pressure Check</p> <p>10:00 Art Workshop ◊</p> <p>10:00 Gentle Vinyasa Yoga with Leslie ◊</p> <p>10:00 Mindfulness with Nancy</p> <p>1:00 Canasta</p>	<p><b>10</b></p> <p>9:00 Bridge Group</p> <p>9:00 Strength &amp; Balance with Serina ◊</p> <p>10:00 Craft Group</p> <p>10:00 Walking Group – Hope Woods</p> <p>1:00 American Mahjong (intermediate)</p> <p>1:00 Cribbage (intermediate)</p>	<p><b>11</b></p> <p>9:00 Cardio and Dance ◊</p> <p>10:00 Octets Bridge</p> <p>10:00 Tai Chi ◊</p> <p>11:00 Wise Women Wondering</p> <p>1:00 American Mahjong (novice)</p> <p>1:00 Adult Coloring Group</p> <p>2:00 Ukulele Group</p>	<p><b>12</b></p> <p>9:00 Open House</p> <p>9:00 Mat Pilates ◊</p> <p>9:00 Hike at Mount Agamenticus ◊</p> <p>10:00 Knitting Group</p> <p>10:00 Geli Plate Printing Class ◊</p> <p>1:00 Cribbage (intermediate)</p> <p>1:00 Afternoon Movie</p> <p>2:00 Parkinson's Support</p>
<p><b>15</b></p> <p>10:00 Men's Coffee and Conversation</p> <p>10:00 American Mahjong (Beginner)</p> <p>11:00 Cornhole Practice</p> <p>11:00 Caregiver Support Group</p> <p>1:00 World Travels with Dewey</p> <p>1:00 Cribbage</p> <p>1:00 Hand &amp; Foot</p> <p>6:00 Bingo OPEN TO THE PUBLIC</p>	<p><b>16</b></p> <p>9:30 Weekly Blood Pressure Check</p> <p>10:00 Art Workshop ◊</p> <p>10:00 Gentle Vinyasa Yoga with Leslie ◊</p> <p>10:00 Mindfulness with Nancy</p> <p>12:00 SMAA Community Café ◊</p> <p>1:00 Canasta</p> <p>1:00 French Club</p>	<p><b>17</b></p> <p>9:00 Bridge Group</p> <p>9:00 Strength &amp; Balance with Serina ◊</p> <p>10:00 Craft Group</p> <p>10:45 Bridget's Lunch Bunch - Galley Hatch ◊</p> <p>11:00 Walking Group</p> <p>1:00 American Mahjong (intermediate)</p> <p>1:00 Cribbage (intermediate)</p>	<p><b>18</b></p> <p>9:00 Cardio and Dance ◊</p> <p>10:00 Octets Bridge</p> <p>10:00 Tai Chi ◊</p> <p>1:00 American Mahjong (novice)</p> <p>1:00 Adult Coloring Group</p> <p>2:00 Ukulele Group</p>	<p><b>19</b></p> <p style="font-size: 2em; color: red; font-weight: bold;">CLOSED JUNETEENTH</p>



# JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>22</b></p> <p>10:00 Men's Coffee and Conversation</p> <p>10:00 American Mahjong (Beginner)</p> <p>11:00 Cornhole Practice</p> <p>11:00 Caregiver Support Group</p> <p>1:00 Ice Cream Social</p> <p>1:00 Cribbage</p> <p>1:00 Hand &amp; Foot</p> <p>6:00 Bingo OPEN TO THE PUBLIC</p>	<p><b>23</b></p> <p>9:30 Weekly Blood Pressure Check</p> <p>10:00 Art Workshop ◇</p> <p>10:00 Gentle Vinyasa Yoga with Leslie ◇</p> <p>10:00 Mindfulness with Nancy</p> <p>12:00 D&amp;C Lunch &amp; Learn</p> <p>1:00 Canasta</p>	<p><b>24</b></p> <p>9:00 Bridge Group</p> <p>9:00 Strength &amp; Balance with Serina ◇</p> <p>10:00 Rebounder Preview Class</p> <p>10:00 Craft Group</p> <p>11:00 Walking Group</p> <p>1:00 American Mahjong (intermediate)</p> <p>1:00 Cribbage (intermediate)</p> <p>1:00 Book Club</p>	<p><b>25</b></p> <p>9:00 Cardio and Dance ◇</p> <p>9:00 Keep it Legal</p> <p>10:00 Octets Bridge</p> <p>10:00 Tai Chi ◇</p> <p>11:00 Social Club</p> <p>1:00 American Mahjong (novice)</p> <p>1:00 Adult Coloring Group</p> <p>2:00 Ukulele Group</p> <p>5:00 Bubbles, Bites, &amp; Crafts – Sea glass Trees ◇</p>	<p><b>26</b></p> <p>9:00 Open House</p> <p>10:00 Knitting Group</p> <p><b>11:30 Men's Lunch Bunch @ Federal Jack's</b></p> <p>1:00 Cribbage (intermediate)</p> <p>1:00 Men's Afternoon Movie</p> <p>2:00 Life's Tapestries: Spontaneous Art</p>
<p><b>29</b></p> <p>10:00 Men's Coffee and Conversation</p> <p>10:00 American Mahjong (Beginner)</p> <p>11:00 Cornhole Practice</p> <p>11:00 Caregiver Support Group</p> <p><b>12:00 Bridget's Lunch Bunch – Hook's OGT ◇</b></p> <p>1:00 Cribbage</p> <p>1:00 Hand &amp; Foot</p> <p>6:00 Bingo OPEN TO THE PUBLIC</p>	<p><b>30</b></p> <p>9:30 Weekly Blood Pressure Check</p> <p>10:00 Art Workshop ◇</p> <p>10:00 Gentle Vinyasa Yoga with Leslie ◇</p> <p>10:00 Mindfulness with Nancy</p> <p>1:00 Canasta</p> <p>1:00 French Club</p>			

**KEY**

**Highlighted Program** = New & Noteworthy

◇ = Program Fee

**Bold Program** = Off-Site Program or Fundraiser