

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Chair Yoga 10:00 Mat Yoga 10:00 OCTETS 11:00 Grief Support 1:00 MAH JONG	2 9:00 EIGHT DIAMONDS 10:00 KNITTING CLASS 10:00 Art Workshop	3
4	5 9:00 GOREN TWELVE 12:30 MONDAY MAIDENS 1:00 Chair YOGA	6 9:30 OPEN BRIDGE 12:30 Men's Bridge	7 9:00 Bridge Group 12:30 Walking Group 1:00 Cribbage 1:00 American Mahjong Group Play 2:00 Atria Lunch	8 9:00 Chair Yoga 10:00 Mat Yoga 10:00 OCTETS 11:00 Grief Support 1:00 MAH JONG	9 9:00 EIGHT DIAMONDS 10:00 KNITTING CLASS 10:00 Art Workshop 5-7 pm Art Walk	10
11	12 9:00 GOREN TWELVE 12:30 MONDAY MAIDENS 1:00 Chair YOGA	13 9:30 OPEN BRIDGE 12:30 Men's Bridge	14 9:00 Bridge Group 12:30 Walking Group 1:00 Cribbage 1:00 American Mahjong Group Play 5:30 Beach Bocce League at Gooch's	15 9:00 Chair Yoga 10:00 Mat Yoga 10:00 OCTETS 11:00 Grief Support 1:00 MAH JONG	16 9:00 EIGHT DIAMONDS 10:00 KNITTING CLASS 10:00 Art Workshop 1 pm Movie Day: "The Post"	17
18	19 9:00 GOREN TWELVE 12:30 MONDAY MAIDENS 1:00 Chair YOGA	20 9:30 OPEN BRIDGE 10 am Mindful Class w/ Mandy 12:30 MEN'S BRIDGE	21 9:00 Bridge Group 12:30 SMAA 12:30 Walking Group 1:00 Cribbage 1:00 American Mahjong Group Play	22 9:00 Chair Yoga 10:00 Mat Yoga 10:00 OCTETS 11:00 Grief Support 1:00 MAH JONG	23 9:00 EIGHT DIAMONDS 10:00 KNITTING CLASS 10:00 Art Workshop	24
25	26 9:00 GOREN TWELVE 12:30 MONDAY MAIDENS 1:00 Chair YOGA 2:30 Bird Talk w/ Ken Janes	27 9:30 OPEN BRIDGE 12:30 Men's Bridge	28 9:00 Bridge Group 12 pm Book Club 12:30 Walking Group 1:00 Cribbage 1:00 Amer. Mahjong 3:00 Conversational French Group 5:30 Beach Bocce League – Gooch's	29 9:00 Chair Yoga 10:00 Mat Yoga 10:00 OCTETS 11:00 Grief Support 1:00 MAH JONG	30 9:00 EIGHT DIAMONDS 10:00 KNITTING CLASS 10:00 Art Workshop	31