

The Newsletter



Senior Center at Lower Village
A meetingplace for seniors

VOL. 20, NO. 11

175 PORT ROAD, KENNEBUNK

AUGUST 2010



It's A Birthday Party and Members are Invited!

*To Celebrate the 20th year of
The Senior Center at Lower Village !*

*Please join us on Thursday,
August 19th, 5:00pm-6:30pm*

*For Cocktails and Hor d'oeuvres
At The Coastal House
Route One, Wells*

*Hosted by
Annie and Hank Spaudling*

*RSVP is required by August 12th
Please call the center at 967-8514*

VIVA V♥LUNTEERS

On Friday, July 9th we had our 15th annual “*Affairs to Remember*” auction at the Kennebunk River Club Casino. We had an exciting and successful evening filled with scrumptious hors d’oeuvres, cocktails and lots of bidding!

This event is one of our largest fundraisers of the year and would not be possible without the help of our extraordinary volunteers.

We had an outstanding auction committee that worked for many months gathering all of the wonderful auction items. The committee also worked effortlessly transporting and setting up the items the day of the auction. We are extremely grateful to **Annie Spaulding, Cynthia Daley, Diane Thayer, Lori Parkinson, Tricia Gallagher, Dinorah Ellis and Rick Griffin.**

Helen Bisbee was terrific as she greeted the guests as **Michelle Dow** and **Janice Gallant** checked in everyone at the registration table. **Sandy Bisson** and **Kathy King** did a magnificent job selling the roses and guests were thrilled to discover the great prizes they won. **Dinorah and Brian Ellis** did a wonderful job selling Newport raffle tickets. **Nancy and Jeff Martin** sold drink tickets and socialized with our guests. **Kathy King and Kathy Baker** did a great job of keeping up with the silent auction items as the sections closed. **Sandy Bisson, Dinorah and Brian Ellis** also did a wonderful job as our live auction “runners”. Our thanks to **Lori Parkinson, Tricia Gallagher, Michelle Dow, and Janice Gallant,** they made the check-out process speedy and organized. A heart felt thank you to the clean-up committee: **Joe Malko, Jeff Pettit, Diane and Dennis Thayer, Kathy and Dick Baker, Lori and Durward Parkinson.**

A special thank you to our talented auctioneers: **Durward Parkinson and Ralph Hurlbutt.** They did an incredible job keeping the crowd entertained!

Bridget Dempsey
Volunteer and Marketing Coordinator

News from Susan ...

Thank you so much to everyone who has donated to this year’s Annual Giving campaign so far. Your generous contributions help to sustain the Senior Center at Lower Village. We are constantly striving to make your Center your “home away from home”. We appreciate the value you put in what we do. If you have not yet made a donation for 2010 (all donations are tax deductible) it’s *never* too late. Also, please remember that all contributions are appreciated and valued regardless of the size. As they say, all the gears make the wheels turn.

The Center is funded by a variety of income streams. In 1990 Hank and Ann Spaulding started the Center with their extremely generous donations of the property and financial support during the formative years. As you may know, in 1994 an endowment campaign was launched with a goal of \$1,000,000. Creating the endowment was a method of making the Center self-sufficient, allowing the Spaulding’s to step back from funding the day-to-day operations of the Center. The endowment campaign goal was attained. An investment policy was developed which allows the Center’s operations to spend 5% of the *interest earnings* (based on a 3 year average) on an annual basis. The endowment funds are managed by a team of professional financial planners. In years when the stock markets earnings are good, the amount we can draw down is more than those during difficult financial times. In no instance can we withdraw funds from the initial principal of \$1,000,000. This spending policy is consistent with what other organizations do.

In addition to funds from the endowment, other sources of income include membership dues which we solicit at the end of each year (memberships are on a calendar year basis), donations and sponsorships from friends and area businesses, and our various fund raising events such as our annual road race, kitchen tour, auction, Christmas Fair, etc.

We thank the Spaulding’s for their vision and support. We also appreciate the continued support of our members and friends. All of these revenue generating events are vital to keeping the Center alive and well. Thank you all so very much for your help during all of these campaigns.

-Susan Pettit, Executive Director

CALENDAR OF EVENTS



Mondays & Wednesdays – “Yoga with Ease” taught by **Pat Berry**. Pat will not be teaching yoga at the Senior Center during the summer months. Check back in the fall for her new schedule.

Tuesdays – Open Bridge – For intermediate level players every Tuesday morning. **9:30 a.m.**

Wednesdays – Scrabble & Chess. Open to everyone, the more the merrier. **1:00 – 3:00 p.m.**

Thursday, August 5 – “Cash for Gold” Party. Turn your gold or silver into cash! Those broken chains, odd earrings, bracelets & rings you never wear will be tested and weighed while you wait and you will leave with money instead of spending it! **10:00 a.m. – 1:00 p.m.**

Wednesday, August 11 – Luncheon at the home of Annie & Hank Spaulding. Annie & Hank have graciously offered to host the Center’s monthly luncheon at their lovely home at Kennebunk Beach. You will start with a delicious chilled cucumber soup, followed by shrimp curry, fresh asparagus and a butter lettuce/mandarin orange salad. Dessert is blueberry pie with ice cream. **This is a lottery luncheon, limited to 24 members and if your name is picked the cost is \$15/per person.** Also, those picked are asked to park at the Center and carpool to the Spaulding’s. The luncheon will be at 12:00 p.m. and the Center will be closed for the remainder of the day. **12:00 p.m.**

Tuesday, August 17 – Blood Pressure Check-Up with **Kaye Horrigan, R.N.** **9:00 a.m.**

Wednesday, August 18 – Vicki Durrell from the *Southern Maine Agency on Aging* provides information and assistance with Medicare, senior housing and other programs for seniors. Free and open to the public, but you must sign up for an appointment with Vicki by calling the Center. **1:00 – 3:00 p.m.**

Thursday, August 19 – Book Club. The book selection for the month of August is “*Double Bind*” by Chris Bohjalian. **10:00 a.m.**

Thursday, August 19 - A representative from Collette Vacations will be at the Center to show a slide presentation and answer your questions on the French Riviera trip scheduled for next April. **10:00 a.m.**



Thursday, August 19 – The 20th Anniversary Celebration of the Senior Center at Lower Village.

Please join us as we celebrate the 20th Anniversary of the Senior Center at the Coastal House on Route One in Wells. All members are invited for cocktails and hors d’oeuvres and the exchange of countless wonderful memories. RSVP required by August 12. **5:00 – 6:30 p.m.**

The 2010 Annual Appeal Letters have been mailed out to all our members and friends of the Center. Please return your tax-deductible donation in the enclosed envelope provided. The Center greatly appreciates your generosity.

*Donations have been made to
The Hartley Lord Lecture Series
in memory of
Emalene Lord*



COMING EVENTS

Parlez-vous François? Marie Jo Silver, who has taught Conversational French at Portland Adult Ed and Kennebunk Adult Ed, will be at the Center to teach a 10 week course beginning on Thursday, September 2nd from 10 – 11:30 a.m. If 1- 5 people sign up the cost will be \$10/week; 6 – 10 will be \$7.50/week & 11 and over will be pro-rated, but you must pay in advance for the entire 10 weeks.

Thursday, September 9 – Understanding Reverse Mortgage as a Financial Tool. Join us to learn more about this FHA insured financial tool for individuals 62 and older. **Sharron Eastman, owner of Big Horizon Mortgage, Lower Village Kennebunk,** will discuss the details and benefits of this loan product which allows individuals to access the equity they have amassed over a lifetime in their primary residence without a payment. Do you own your home but you are just getting by on fixed income? Have you recently had a spouse die or other significant life event which has left you with less monthly income or would you like to gift some of your equity to a child or grandchild. Other uses for reverse mortgage include: home renovations, home care, medical and prescription costs, taxes, travel and fun. Come, find out about Reverse Mortgage and how it can work for you. **10:00 – 12:00 p.m.**



Saturday, September 11 – Porch Sale. This sale of attic treasures is fun for everyone. Kindly bring in your new or gently used items so they can be sorted and priced. Please, no clothing, flower vases or baskets.

(Please remember, although we appreciate your donations, if you wouldn't buy the item, no one else will and it costs the Center to dispose of items left over) **We are unable to accept anything until after August 1st! Donations will be accepted only until Thursday, September 9th.** Be the first to show up at the sale on Saturday morning because you never know what you might find. **9:00 a.m. - Noon**

Monday, September 13 – 2010 Annual Meeting of the Members of the Senior Center at Lower Village. **4:30 p.m.**

Thursday, September 16 – Once again, **Verm V. Rowell, M.D.**, renowned dermatologist, has offered her services to members of the Center for free skin cancer screenings from 9:00 – 12:00. She'll also answer any questions you may have about skin care protection. Please call the Center to schedule a 15-minute appointment.

Wednesday, September 22 – Annual Lunch at Huntington Common. Huntington Common has chosen a wonderful menu of pot roast, potatoes, carrots, rolls and a berry cobbler for dessert. This is a lottery luncheon and if you are selected, you may bring a guest but that person has to be member of the Center at the time of the drawing. Please sign up by September 10^h. Lunch is \$7. **12:00 p.m.**

Friday, September 24 – Continuing his series of bridge lessons, Bob Blackmore, a bridge instructor with York County Senior College is coming to the Center to teach **Intermediate Level Bridge!** Classes will be offered for 8 weeks beginning on Friday, September 24. This series of classes emphasizes, "playing the hand". How to make the hand you are dealt **work for you!** You'll review scoring systems and bidding conventions. You'll focus more on playing **skills** rather than bidding. We'll address weaknesses in your game and offer suggestions on finesse and tips for playing with a variety of partners. The cost is \$40/members, \$60/non-members for the 8-week series. We need a minimum of 4 people signed up and paid by Friday, September 17th in order to offer these classes. **9:30 a.m. - Noon**



New Members Welcome Aboard!

Sandra Beatson
Robert Choquette
Neil & Nancy Collins
Angela Corrado
Karen Harris
Marie Dello Russo
George Geyerhahn

Lynne Norton
M. L. Norton
Isabel Oleson
Maureen Raiter
Paula Rogers
Judy Rosenberg
Dick & Carol
Sullivan

ANNUAL GIVING APPEAL DRIVE

We wish to express our heartfelt thanks to the following supporters of the Senior Center at Lower Village who have so generously contributed to our Annual Giving Appeal as of July 13, 2010. If you have made your gift and your name is not listed below, it will appear in the next issue of The Newsletter.

June M. Amabile
Myrto M. Barra
Louise C. Bertini
Helen Bisbee
Sandra Boardman
Lorinda & John Bradford
Yale & Adele Brass
Robert & Carolyn Brown
Alice T. Bruton
Nancy Buchanan
Carol E. Buehler
Mr. & Mrs. Dan Burke
Anne Burnham
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Maria Chiumenti
Dolores & Robert Choquette
Joan & Albert Cowgill
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William & Ina Gallagher

Alice S. Gallant
Marion Giles
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Gail & Ed McBride
Helen McConnell
Anna McGann
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Lois Milliron
Dick & Jacqueline Moraes
Margueritte Morday
Ray & Maureen Morin
Betty Nedean
Barbara Ney
Sandra Nichols
Sally P. Nickerson
Mr. & Mrs. Russell Nype

ANNUAL GIVING APPEAL DRIVE (cont.)

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Joyce & Bill Otis
Jean M. Perkins
Ardath L. Pierce
Anna N. Pippin
Charles & Carol Reid
Wally & Ginny Reid
Missey Redden
Norm & Patsy Ritter
John R. Rockwell
Bob & Myriam Roderman
Florence Ruggiero
Ginny Sharpe
Marie A. Singleton
Jim & Meg Smith
Ralph Smith
Inez Snowden
Nancy F. Spooner
Bob & Rose Spulick
John Staley
Eleanor Stenson
Barbara Storer
Collette Taylor
Judith Tobin
Jan & Don Toothaker
Maria Trodella
Geraldine Waterhouse
Barbara Wartenburg
Margaret L. Webb
Edna Wentworth
Nelson & Margie Wentworth
Nancy Wheeler
Nita Wildfoerster
Constance Yena



FYI



The 50/50 Program started in June. We have sent out letters to all our past participants so they will have the opportunity to play again. Others can use the form attached in the newsletter. You do not have to be a member of the Center to play so tell your friends and family. The more players, the larger the prize. The cost is \$10 per month or you can prepay \$120 for the entire year. With a little luck, you could be the next winner!



On Fridays, through Labor Day, the Center will close at 1:00 p.m.



The winners in the Men's Bridge Group for June were **Bill Talmage**, 1st place; **Joe Hakanson**, 2nd place; and **Dick Moraes**, 3rd place.



We'd like to thank Huntington Common for the fantastic lobster luncheon they put on for Center members on Wednesday, July 28.

**THE SENIOR CENTER
BOARD OF TRUSTEES**
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Cynthia Daley, Vice Chair
Sandra Bisson, Secretary
Michelle Dow, Treasurer

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